

Item 1: Your views needed on Leeds urgent treatment centres proposal

NHS Leeds Clinical Commissioning Group (CCG) has developed a proposal for urgent treatment centres for the citizens of Leeds and would like to hear your views.

Over the last few years we have spoken to local people who have told us that it's not always clear who would be best placed to help you, or a loved one, when you're not feeling well or have been injured.

This is especially the case where you feel you need to be seen quite quickly but you know it's not an emergency. We know that the way services are currently designed to help you in this situation – which we often call urgent care services – are not easy to understand.

Urgent care is care that someone feels is needed on the same day but their illness or injury is not life-threatening. This could include anything from cuts, minor injuries, bites or stings through to mild fevers, vomiting and diarrhoea etc.

We feel that our proposals will help simplify the system for you when you have an urgent care need.

The CCG is encouraging people to feedback their views by completing a survey, available online or in paper format. You can also attend one of the events the CCG has organised. Further details are available on the web address below.

Read the proposals in full and have your say today: www.leedsccg.nhs.uk/UTCSurvey.

Item 2: The Leeds Big Thank You campaign

We write to make you aware of a new citywide campaign, the 'big thank you / you can be a winter hero'. This is a system-wide campaign that covers the NHS, Leeds City Council, community and voluntary sector organisations, carers and the unsung heroes among our communities. I hope you will join me in supporting this very compassionate campaign that we recently launched with the Yorkshire Evening Post.

Please join us in:

- Saying a public thank you to all those in our wards who are helping people stay well this. Write your message on the board here: www.bigthankyouleeds.co.uk - you can see the messages we've already received here: <https://bigthankyouleeds.co.uk/big-thank-you-gallery/>
- Sharing the message on your social media and at events you are at, that we can all be winter heroes by: looking after our own health, checking in on our elderly or vulnerable neighbours and being prepared for bad weather.

The campaign seeks to encourage people to say a thank you to their winter heroes from all walks of life. This could range from frontline public sector staff, community and voluntary staff as well as people within our communities who look out for others such as unpaid carers or a community connector. At the same time we are also encouraging people to think about small steps they could

take so that they too could be a winter hero. This could include getting a flu jab, looking out for neighbour or planning ahead for any bad weather. This is an opportunity to try an innovative approach to deliver some of our key prevention messages for winter in an effort to reduce wider system pressures.

We're pleased with the support we've received locally from the NHS in Leeds, Leeds City Council and our community and voluntary sector organisations. Recently we have also been joined by West Yorkshire Police, the British Transport Police and the Yorkshire Ambulance Service NHS Trust.

You will know many individuals and organisations in your ward and beyond who keep your community and the city going through winter and beyond. Now's a great chance to say thanks to them.

Item 3: We're Proud to be 'Looking out for our Neighbours'

We are excited to announce that we are supporting a brand new community campaign from West Yorkshire and Harrogate Health and Care Partnership.

'Looking out for our Neighbours' is a new campaign that aims to help prevent loneliness in our communities by encouraging people to do simple things to look out for one another.

Although lots of people in Leeds are already doing great things to help those around them, there is still more we can all do to positively impact on the wellbeing of others.

A Health Foundation report (December 2018) highlighted how living alone can make older people 50% more likely to find themselves in A&E than those living with family. Pensioners living alone are also 25% more likely to develop a mental health condition. 'Looking out for our Neighbours' aims to change this - by inspiring people to do small things to reach out to the people around them.

The campaign will launch on the 15th March across West Yorkshire and Harrogate and has been co-created with over 100 residents in these areas, drawing on their neighbourly experiences. Keep an eye out for more information.